



## Enough Abuse Campaign Summary of Core Training Curricula

Child sexual abuse is “a silent epidemic,” according to the American Medical Association. It is so widespread that each of us probably knows someone who has been victimized or who has abused. The Enough Abuse Campaign offers educational information to parents, youth, professionals, and other concerned adults to prevent people from victimizing children and youth today and to prevent children from developing abusive behaviors in the future. Here is a summary of the Enough Abuse Campaign’s current training curricula which is intended to achieve those goals. Feedback gathered from the evaluations of parents, professionals, and youth who have participated in community workshops shows them to be of a consistently high quality.

### #1: “Enough Abuse: Strategies for Your Family and Community”

“Enough Abuse: Strategies for Your Family and Community” is the Campaign’s core training curriculum. This curriculum has 3 different modules that organizations/groups can choose from depending on their needs. A digest version is also available that is an abbreviated version of all three modules.

#### **Module 1: Social Conditions**

This version of Strategies is an interactive 45 slide presentation that is focused on exploring the question of what the social conditions are that allow child sexual abuse to flourish. This module addresses an important component of the public health strategy by challenging participants to understand child sexual abuse as a societal problem rather than an individual problem. The module offers participants a chance to learn concrete action steps they can take to break the social condition of secrecy in their homes and communities.

#### **Module 2: Impacts**

This is a 46 slide presentation focused on exploring the question of what the impacts of child sexual abuse are on survivors and communities. Participants will learn about the Adverse Childhood Experiences Study and how abuse impacts survivors socially, emotionally, and cognitively over a lifetime. Further, the module provides participants with concrete action steps to prevent and protect against the problem with the goal of reducing both impacts and incidences.

#### **Module 3: Abusers**

This module is a 35 slide presentation focused on exploring the question of WHO sexually abuses children, WHY they do it, and HOW adults can keep children safe. Participants will learn about characteristics of adult and juvenile offenders and explore reasons why people sexually abuse. Information is also provided on tactics commonly used by abusers and behavior signs that might indicate they pose a risk to children.

### #2: “Enough Abuse: Strategies for Your School”

This version of “Strategies” is intended specifically to educate school administrators, teachers, school coaches, parents, and other school employees. It includes:

Part I: Defining the nature and scope of child sexual abuse and sexual exploitation;

Part II: Preventing sexual abuse and sexual misconduct in schools; and

Part III: Legal obligations of school personnel to report child sexual abuse.

Included in the training is a listing of specific physical and psychological boundary-violating behaviors that schools should consider when reviewing their Code of Conduct policies or adopting new ones.

### **#3: “Enough Abuse: Strategies for Youth Organizations”**

This version of “Strategies” is specifically intended for organizations that serve children and youth. It includes:

Part I: The nature and scope of child sexual abuse and exploitation;

Part II: Preventing sexual abuse and misconduct in youth-serving organizations;

Part III: Handling disclosures and reporting child sexual abuse

Included in the training is a listing of specific physical and psychological boundary-violating behaviors that child and youth-serving organizations should consider when reviewing their Code of Conduct policies or adopting new ones.

### **#4: “Understanding & Responding to Sexual Behaviors of Children”**

This is an interactive workshop designed for parents, early education and care professionals, and others who have contact with children and/or their families. Attendees will increase their knowledge and skills to identify “developmentally expected” sexual behaviors of children and youth and distinguish developmentally expected behaviors from those that might be inappropriate, coercive, abusive, or illegal. Several scenarios are presented describing sexual behaviors of children that participants might witness in their homes, in day care settings, schools, and other youth-serving organizations. Small group discussions give participants an opportunity to apply their new knowledge about how to assess and respond to these behaviors in ways that model good communication, empathy, and accountability. These responses can help build protective factors in children so that their risks to be victimized or to perpetrate sexual abuse can be reduced. This presentation is based on concepts developed by Gail Ryan of the Kempe Children’s Center in Colorado.

### **#5: “It’s Not Just Jenna”**

“It’s Not Just Jenna: A True Story of Child Sexual Abuse and Survival” is an 18-minute video co-produced by MassKids and Alvid Productions to educate middle and high school youth, their parents, and other youth-serving professionals. Jenna and her family give viewers a glimpse into their experience of child sexual abuse and how it affected all of them. The accompanying 30-slide “Learning and Discussion Guide” PowerPoint promotes and facilitates post-viewing discussion about the lessons Jenna’s story teaches us about child sexual abuse and how to prevent it.

Visit [enoughabuse.org](http://enoughabuse.org) for more information